



## TOOWOOMBA, HIGHFIELDS & GATTON - 2021

Hi, I'm Tonille Sutton your Studio Director. I am excited to be welcoming you to our 42<sup>nd</sup> year of FAD Cheer and Dance. We hope everyone at the Toowoomba, Highfields & Gatton Studios join with us in  
FEELING THE EXCITEMENT OF CHEER AND DANCE!

### Your FAD Studio Team

Studio Owner:	Tonille Sutton
Studio Manager:	Catherine McNamara
Studio Coaches:	Tonille Sutton, Catherine McNamara, Katie Lowe, Claire Harding & Annica Maticchioni
Studio Receptionist:	Lee-Ann Hughes, Debbie Harding, Megan Kitchener, Crystal Powell & Gayle Zimmermann

### Studio Owner

I am an experienced FAD Cheer and Dance Instructor and IASF/AASCF/WCCD accredited Cheerleading Coach. I have been in the industry for a total of 30 years, performing, competing, instructing, and judging. This is my 12<sup>th</sup> year of operating the Toowoomba & Highfields Studios and 6<sup>th</sup> year of operating the Gatton Studio. I believe it is our role not only to teach dance and cheer but aid in the personal growth of each student.

FAD = Family At Dance

FAD = Fun Affordable Dance

### Coaches

I am excited to announce that Catherine McNamara, Katie Lowe, Annica Maticchioni and Claire Harding will be continuing in 2021 in their teaching rolls. These girls have over 10 years' dance experience with FAD and are ready to start 2021 with a bang! They are very excited to have the opportunity to teach the students and I have all the confidence that they will carry on being great Instructors and motivators to all the students. All Coaches are experienced dancers with a varied career in dance & cheer and we will do our very best to encourage students to achieve their full potential in a fun and rewarding class environment. At FAD all students are encouraged and rewarded for their effort and individual achievement. We want you to feel welcome, and that you belong to our group. We are here to assist in your child's growth and development, and are only too happy to answer any questions you may have. Feel free to discuss your child's progress with your Instructor at any time throughout the year.

### Instructor Training

All FAD Cheer and Dance Coaches attend regular teaching workshops incorporating the FAD syllabus to maintain their education as well as constantly updating dance styles, techniques and levels. Our friendly Coaches are trained to encourage our students to achieve their best, build confidence and get active in a fun, relaxed atmosphere.



### **Class Terms**

FAD Cheer and Dance classes only operate during school terms. We do not hold classes on pupil free days or public holidays (unless told otherwise).

**Studio Shop** For your convenience we have all the Dance, Hip Hop and Cheerleading supplies at the studio each week. As FAD has over 5000 members, our buying power allows us to offer our members competitively priced Dance and Cheer gear.

**Performances** All FAD Students are invited to participate in various performances throughout the year. While we encourage students to perform as it builds confidence and is lots of fun, ***it is not compulsory to do so if you do not wish and we do not push anyone to take part in performances.***

**Awards** are presented throughout the year to honour student achievement and accomplishments.

**Privacy Statement:** The FAD Cheer and Dance PRIVACY STATEMENT is available for viewing at the reception desk of each Studio.

**Child Risk Management Policy:** The FAD Cheer and Dance organization is committed to the wellbeing and safety of all children and young people who use our services. Our CHILD RISK MANAGEMENT POLICY is available for viewing at the reception desk of each studio.

### **Annual Events**

**Displays** - these are shows performed at shopping centres, fetes and local events.

**Charity Concert** - is an event to raise money for a registered charity and a great opportunity for our students to perform. Gold coin donation for spectator entry.

**Concert** is the end of year spectacular where the students perform all the year's dances in a dazzling stage show in a large venue with stunning lighting effects and themed costumes.

**Social Media** Keep up to date with all the latest FAD News and Events on our Website: [www.fadcheeranddance.com.au](http://www.fadcheeranddance.com.au).

You can also follow FAD Toowoomba or FAD Gatton on Facebook and on Instagram.

### **Office**

We encourage you to contact Tonille in the office if you have any questions.

Office hours are 10:00am – 2:00pm Monday to Thursday



## **FAD CHEER AND DANCE MEMBERSHIP RULES**

### **REGISTRATION FEE**

The FAD Registration Fee including Personal Accident Insurance is due on the 2nd week of class. Students must be an enrolled student and attend class to take part in studio events. The registration fee is **not refundable**, and is payable at the beginning of each dance year.

### **ENROLMENT CONDITIONS**

- FAD reserves the right to cancel membership under the following conditions:
- Rude, aggressive behaviour or use of offensive language from a student or parent.
- Non-compliance with stated studio rules by either a student or parent.

### **STUDENT SAFETY**

- Parents/Carers are to transport the participant safely to and from the front door of the venue and acknowledge that FAD employees will only supervise the participant whilst in the confines of the class room in which the dance/cheer instruction is taking place. The parent holds sole responsibility for the participant's safety whilst waiting outside the classroom.
- Participants are to arrive at class 5/10 minutes prior to start time to check in. Parents/carers may wait at class in the designated waiting area NOT IN THE CLASS ROOM.
- Participants are to be collected from class immediately following the end of their class. If this is not possible, a prior arrangement must be made with the Studio Receptionist and the student is to remain in the waiting area until the parent/carer arrives to collect them.
- Participants are not permitted to wait in the car park unless written permission has been received from the parent/carer and the child is over 16yrs of age.
- Custody arrangements that will impact the drop off and collection of children must be provided in writing to the studio. The enrolment form provides an area for this information.
- Participants are to follow the directions of their Coach throughout their class.
- All injuries and illnesses must be reported to the Instructor prior to participating in the class.
- Injuries that require a Doctor's/medical practitioner intervention must be reported to the Coach. If the participant is advised to stop exercise whilst they recover from an injury, a medical clearance must be obtained before they will be permitted to resume attendance at class.

### **DRESS**

The studio uniform should be worn for class and is required to be worn to all performances. Suitable dance footwear is required for classes ie. jazz shoes required for dance classes (not ballet jiffies), Hip Hop shoes required for hip hop classes and Cheerleading shoes are required for cheerleading classes.

### **DRINKING WATER**

Ensure you bring water to class to drink during class to maintain adequate hydration for the body. Cordial or soft drink is not recommended during the class.



**Class Fees** (Including GST) Class fees are paid on a weekly basis. ***You do not pay for missed classes***

Dance Lesson Fee is:      30 Minute Class \$10.00      45 Minute Class \$11.00      60 Minute Class \$13.00

### **Annual Registration Fee**

\$50 for first family member, \$25 each additional family member

*The enrolment fee is due on the **2nd lesson** and includes student accident insurance.*

**The enrolment fee is non-refundable.**

### **Fitness and Dance Enrolment**

The FAD Cheer and Dance annual Enrolment Fee includes Personal Accident Insurance for the individual Dancer. This is important for practice, performances and other events students may attend. A student must be a FAD member to participate in dance classes. Enrolment is due on the **2nd dance lesson**. The one enrolment fee allows students to take part in all FAD activities.

### **Events & Performances**

All FAD Students are invited to participate in various performances throughout the year. Taking part in performances is **completely optional**. Performances are lots of fun and help build great self-confidence. Please note that students taking part in performances are required to wear the full FAD studio uniform to and from performances. Costumes are required for performances at a very reasonable price. Students are **not required** to take part in performances; this is a fun option we offer our students.

### **Uniforms & Costumes**

Uniforms and costumes **are only required for those who choose to perform**. The studio uniform is worn to and from class & performances. All uniform items are on display at class each week. Details are follows:

**Dance Uniform** - Studio FAD Jersey, FAD  $\frac{3}{4}$  dance pants/or FAD shorts, FAD action back top (used only at class and grading NOT TO BE WORN TO PERFORMANCES DUE TO OUR SUN SAFETY POLICY). Black jazz shoes (Toowoomba) and clay jazz shoes (Gatton) are required for those students who wish to perform. Ballet jiffies are not acceptable.

**Hip Hop Uniform**- Studio FAD Jersey, FAD  $\frac{3}{4}$  Dance Pants/or FAD Shorts, FAD Action Back Dance Top (used only at class and grading NOT TO BE WORN TO PERFORMANCES DUE TO OUR SUN SAFETY POLICY). Black Hip Hop Shoes are required for those students who wish to perform.

*(Please note students with the Jazz uniform are welcome to wear their FAD Jazz uniform for hip hop, a 2<sup>nd</sup> uniform is not required).*

**Boys Uniform for Dance and Hip Hop** - FAD Muscle Top and FAD Boys Shorts worn with Black Jazz or Black Hip Hop Shoes depending in class. Please speak to studio receptionists as there are a few options.





### Costumes

Costumes are required for all dancers who wish to take part in our performances. Every effort is made to design bright and beautiful costumes at a very reasonable cost. Students have the opportunity to wear costumes numerous times throughout the year. Each class group has one costume for the dance year. Costumes are available at your Studio Reception throughout Term 1 and 2, orders can be taken throughout the year subject to availability. The average annual price of readymade costumes is approximately \$80 - \$120. To reduce costs of buying costumes outright, some classes also have a hire costume to add variety at the end of year concert at around a cost of \$25-\$30. **Please Note: As costumes are not a stock item they are ordered upon request, once ordered costume deposits, half or full payments are non-refundable.**

### Grading - jazz, hip hop and cheerleading classes

Grading is a rewarding optional event for students to participate in. Students perform their routines as a group before a small panel of judges. All students who participate receive a trophy award at the end of year Concert. A fee applies for Grading (approx. \$30). The Studio Uniform is required for grading.

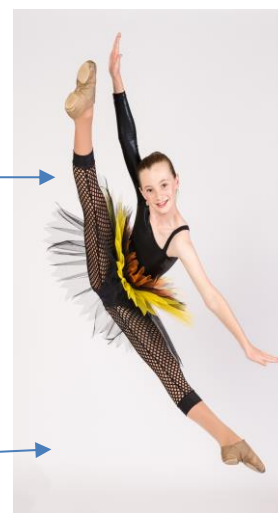
### Recreational Classes

The FAD program has offered fun and affordable classes for 42 years. The FAD Dance Program is designed to challenge and extend the talents and skills of our young performers. Beginners to advanced classes are available from three year olds to adults. Our dance classes include ongoing training in technique, stage presentation and choreography. FAD students also have the opportunity of workshops with guest performers, Dance and Cheer Camps, Competitions, plus performance opportunities for all students to perform in small and large scale events. With our extensive range of class styles and levels the choice is yours! Check your local studio timetable for availability and times.

Hip Hop - Do you want to learn the freshest hip hop moves on the street? Then the FAD Hip Hop Crew is for you! FAD Hip Hop classes are action packed and yelled with loads of energy and enthusiasm.



Elite Freestyle Classes- Dancers wanting a greater challenge or those with many years of experience are invited to join one of FAD's Elite levels. These classes may include jazz, contemporary include jazz, contemporary, cabaret styles taught at an advanced level.



Jazz - This class teaches the fundamentals of jazz dance to the latest music. If you want to dance like High School Musical, then this class is for you!





### **Levels Classes**

FAD cheerleading classes are based on the IASF (International All Star Cheerleading Federation) guidelines incorporating a progression based program using safe cheer principles. The classes are fun, challenging, promote teamwork and involve training in Stunts, Tumbling, Cheers and Pom. The FAD program consists of 7 levels, each level with set technique criteria for students to achieve.

### **Squad Classes**

Students are also invited to participate in cheer performance squad classes. Using the skills and knowledge developed from the levels class, students learn squad routines for various performance opportunities.

**Please note: to participate in the squad class, attendance in a levels class is compulsory for the foundation training required.**

**Cheer Uniform** – Studio FAD Jersey, FAD ¾ dance pants/or FAD shorts, FAD action back Top (used only at class and grading NOT TO BE WORN TO PERFORMANCES DUE TO OUR SUN SAFETY POLICY) & FAD Cheer Shoes

**Cheer Performance Uniform** –

Sublimated Dress, FAD socks, FAD silver poms, FAD Bow, shimmer stockings (Mini Cheer up) and FAD spikey hairpiece

**Boys Performance Uniform** – FAD cheer long Pants, FAD cheer long sleeve shirt and FAD cheer shoes.

## **COMPETITION TEAMS 2021**

Competition Teams are an additional service FAD provides to students who are passionate and committed to perfecting their dance &/or cheer skills. Performing on a competition team provides lessons to last a lifetime. Students learn to value discipline and hard work as a means of self-improvement. They learn how to work as a team whilst improving their stage presence and showmanship. Boys and girls who qualify for a team will have the unique opportunity to perfect their skills and compete against other teams from across the country. If you enjoy performing and would love the thrill of competing, then you would love being a part of our teams. All the Toowoomba Competition teams are audition based. If you have any questions about if you can audition for these teams, feel free to speak to Tonille.